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Medical Errors in Greece: An Economic Analysis of Compensations Awarded by Civil Courts (2000-2009)

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Abstract

Medical errors are reported with increased frequency both in Europe and in the United States of America and measures are put in place to deal with the problem. In Greece, more and more patients think that it is likely to experience a medical error during health care delivery and the organizations they can turn to if this happens are hardly enough and with meagre response. The consequences of medical errors are multiple and complex with significant financial implications. Nowadays there is an urgent need to resolve problems that refer to cost containment in the Greek Health System. Some research findings from the review of 128 compensations awarded by civil courts for the years 2000 to 2009 for medical errors in Greece are quite interesting. The mean compensation amounted to €292,613 representing 35.41% of claimed compensation. Only a small proportion of medical errors gain publicity as the majority of claims get settled out of court, covered by the insurance policy or the hospitals. The burden of the obvious and hidden cost affects not only the patient, his family and the hospital but also the whole of the society. This comes from our estimation that the level of compensation awarded by the civil courts for medical errors is remarkable high. Unfortunately only some estimates of the cost are possible due to the lack of statistical data. The creation of an independent oversight body for the review of medical errors and complaints nationwide as well as the modernization of the hospitals' monitoring systems is necessary in order to handle the medical error phenomenon. Above all, co-operation and trust between patients, health care professionals, hospital managers, medical boards and the government are essential to get to the root of the problem.

Keywords

Medical Errors; Adverse Events; Health Care System; Cost Containment; Cost-Effectiveness

1. Introduction

Research shows that medical errors exist all over the world's health systems, compromising the patient safety and the quality of health care. The Institute of Medicine's (IOM) reports, "To Err Is Human: Building a Safer Health System" and "Crossing the Quality Chasm: A New Health System for the 21st Century", underline the importance for health policy makers to taking into account the various implications of medical errors in patient safety and healthcare quality [1] [2]. Intensifying the above, the Euro barometer survey, which was released by the European Commission [3], found that almost half of those surveyed stated that patients should take into consideration that it is likely to be harmed by a medical error, during health care delivery.

In the present paper, we highlight and discuss the preliminary research findings about the amount of the compensations awarded in Greece, after the analysis of 128 cases coming from courts awards for the years 2000 to 2009. We also formulate recommendations in order to succeed in the reduction of the phenomenon of medical errors where the most important condition is the awareness of the problem among all stakeholders in the Greek health system.

In the following Sections 2 and 3, we indicate the theoretical aspects of adverse events and medical errors. In Sections 4 and 5, we present the research findings and draw conclusions respectively and finally we propose additional policies of reducing the number of patients harmed by medical errors.

2. Theoretical Aspects of Adverse Events and Medical Errors

In the literature of health care quality, we can find various definitions of medical errors. The World Health Organization (WHO) in the "Collaborating Centers for International Drug Monitoring" and the IOM in the "To Err is Human", clarify the definition of the adverse event and the medical error [1] [4]:

"An error is defined as the failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim."

Moreover, in the literature we can find the expanded IOM definition, reported by QuIC [5]: "An error is defined as the failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim. Errors can include problems in practice, products, procedures, and systems."

In contrast with the above definitions, various classifications of medical errors can be found, referring not only in the treatment but also in diagnosis and prevention stages of health care delivery [1] [6]-[8]. Also, the medical errors can be classified based on their severity, ranging from those that don't cause any harm to those with severe harm. Categories A, B, C and D describe errors that do not cause harm, while categories E, F, G, H, and I of the NCC MERP Index describe errors that do cause harm.

Though medical errors are likely to occur, as health care personnel are human beings, many researchers believe that the main causes of medical errors refer to systemic failures. Relying on this assumption, medical errors happen, in general, by the complexity and time-pressured of health systems and less by the negligence of health care personnel. Donald M. Berwick, president of the Institute for Health Care Improvement and experts in the American Medical Association [9] espouse this point of view, as they recommend the simplification, more standardization in the health care system and the motivation of health care professionals to report the medical errors, aiming to enhanced patient safety and the improvement of health care quality.

3. Medical Errors: Figures and Cost

As above mentioned, the phenomenon of medical errors is common to the health systems all over the world. In the United States, the figures of medical errors are very high and half of the adverse events occurring because of medical errors that could be prevented, resulting in the death of thousands. On the other hand, medical errors, except of physical harm, cost a lot of money in the health system of the United States, as **Table 1** shows [1] [10]-[19].

In Europe, the landscape isn't different, as the research indicates a significant proportion of patients are harmed by a medical error during a hospital stay [20]-[22]. In Greece, there isn't a central national authority to report cases of medical errors. However, recent findings show that about 20 to 30 patients die every day and other 200 are harmed because of medical errors that could be prevented [23].

4. Research Findings

The scope of this paper is to the economic analysis of 128 compensations awarded by civil courts for the years

Table 1. Estimated annual mortality and economic cost of medical intervention.

Condition	Deaths	Cost
Adverse Drug Reactions	106,000	\$12 billion
Medical Error	98,000	\$2 billion
Bedsores	115,000	\$55 billion
Infection	88,000	\$5 billion
Malnutrition	108,800	
Outpatients	199,000	\$77 billion
Unnecessary Procedures	37,136	\$122 billion
Surgery-Related	32,000	\$9 billion
Total	783,936	\$282 billion

Source: Null et al., 2007.

2000 to 2009 for medical errors in Greece. For every case, we recorded the year of the recourse or the award publication, the legal status of the health care organization, the medical specialty, the type of medical error, the severity of the adverse event and the amount awarded.

In Greece, contrary to other countries, the assessment of the total financial burden is difficult to be accurately approached due to the lack of data from an organized information system. Thus, the implementation of a system with the ability to recognize, report and analyze cases of adverse events and medical errors following the international standards, is crucial.

Our research pointed out that in Greece, the amount and the level of compensation awarded by civil courts for medical errors in Greece is worryingly high. In addition, the frequency and the amount of mean compensation have been dramatically increased in the late years (Graphs 1 and 2, respectively).

The most injurious specialties (either in terms of frequency involvement or of the mean compensation amount) are General Surgeons, Obstetricians-Gynecologists, Anesthesiologists and Neurosurgeons (Graphs 3 and 4).

The highest mean compensation awarded to the severity of adverse events *Category I: Patient death* and to the *Category G: Permanent patient harm*. It is remarkable that the awarded mean compensations for the *Category H: Intervention required to sustain life* is lower than those to adverse events category with minor severity (*Category F: Temporary harm to the patient and required initial or prolonged hospitalization*) (**Graph 5**).

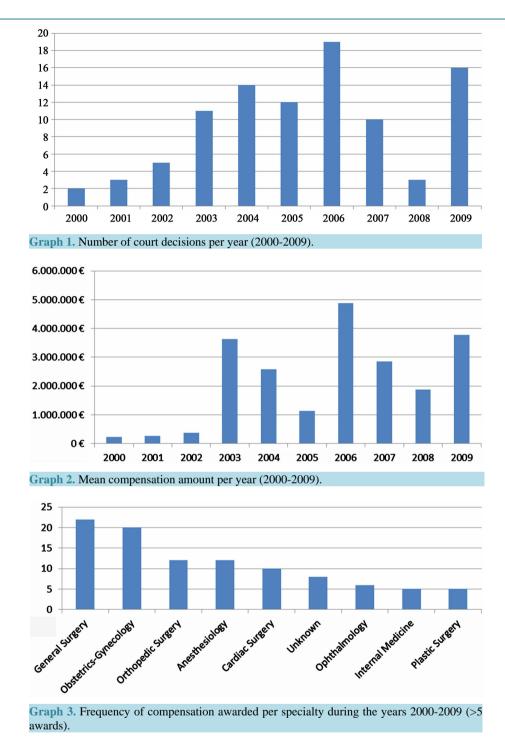
The highest mean compensation awarded to the public hospitals due to a big number of cases extracted by Administrative Courts (Graph 6).

5. Discussion—Policy Proposals

Our research shows that medical errors really exist in the Greek health care system, as in every health care system, worldwide. In a relative research in Austria, in a sample of 14,179 hospitalized patients, adverse events were identified in the 16.6% of them, of which 13.7% impacted to permanent patient harm, 4.9% related to death and 51% could be prevented [24].

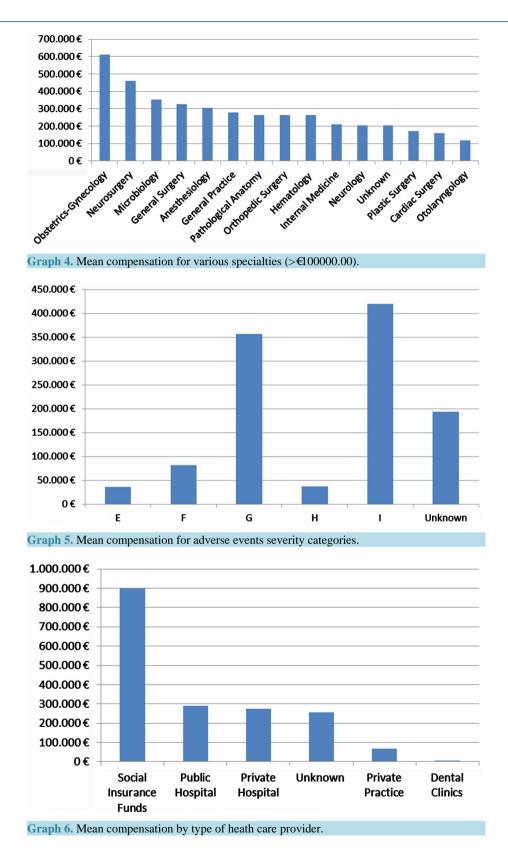
Our findings show that the allocation in the categories I and G which referred to patient death and to permanent patient harm respectively, is in accordance with a study for medication errors which took place in New York [25]. A study in 9,758 medical claims, mentions that 32% refer to death and 15% to significant permanent injury [26]. Furthermore, another international research indicates that the cost of adverse events with temporary harm reached to \$324 million [27]. Other study shows that 5,000 deaths by medical errors in the USA are recorded every year [28].

Based on our findings, the specialties of General Surgery, Obstetrics-Gynecology, Anesthesiology and Neurosurgery appear to have increased involvement in medical errors, which are consistent with the findings of other surveys [29] [30]. Moreover, a study by the Ministry of Health of USA concludes that the specialties of General Surgery and Obstetrics-Gynecology are the top two specialties which are burdened with medical malprac-



tice [31]. These findings confirm previous similar research pointing out that the specialties of Vascular Surgery, Obstetrics-Gynecology, Cardiology and Neurosurgery had more chances for causing an adverse event [32]. Another study shows that in a sample of 465 adverse events, 127 are due to medical malpractice where 61% relate with surgical procedure injuries, 12% refer to drug injuries and 11% deal with nonsurgical procedure [33].

Furthermore, medical errors cause substantial economic burden to the patients and to their relatives, to the health system and to the insurance industry and raise the issue of medical professional liability to the doctors involved. The interest for studying medical errors in all developed countries is due to the impact on the quality



of health services and also to a number of legal actions for damages from the patients where the court decision is condemnatory for the doctors many times [34].

In an American study, 27% of adverse events were the result of medical malpractice [35] and an extended study based on the previous, with a sample of 465 medical records, showed that \$1,791,358 were related with medical injuries and for 127 of cases due to negligence, the American health system was burdened with \$905,719 [33]. Another research indicates that medical injuries cost \$6.3 million of which \$1.5 million were due to medical error [36].

On the basis of our research findings, we note that the mean compensation for the specialty Obstetrics-Gynecology scaled up to €12,561. This is consistent with the findings of a study which mentions that both the Emergency Department and the specialty of Obstetrics-Gynecology cover 28% of all financial demands or \$2 million [37]. Other recent research from Utah shows that 58% of adverse events are surgical, of which 25% refer to foreign objects retained after surgery, especially in surgeries of Obstetrics-Gynecology. The remaining cases deal with nonsurgical events like healthcare management and hospital environment [38].

There is no doubt that the root cause of medical errors is due to a systemic approach which should take into account the contribution of health system structure and organization [39] [40]. Specifically, the systemic factors are mainly due to staff shortage (quantitative and qualitative approach), to unsafe working environment, to the severity of the patients admitted, to the increased workload and to the professional burnout. The inadequate staffing of healthcare system and their insufficient education are among the most important parameters that may compromise the patient safety and the quality health care provision [41]-[43].

For achieving a high level of health care quality and patient safety in health system, it is essential to take strategically designed actions to reduce medical errors, involving the health care professionals and using Information Technology for detecting, reporting and analyzing the adverse events and medical errors [44]-[48].

In Greece, a similar system has already been developed and its pilot implementation is running out in a public Intensive Care Unit (ICU) and so far it is considered crucial to the efforts for improving the quality of healthcare services provision and patient safety [49] [50]. In the USA, a health information system that reports adverse events was developed, accompanied by a root-cause analysis module [51] [52].

It is obvious that the health policy makers should seriously take into consideration the medical error phenomenon and act in the direction of reducing these incidents, primarily due to the high cost associated with them [21].

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