Crystallization of Amorphous Poly(Lactic Acid) Induced by Vapor of Acetone to Form High Crystallinity and Transparency Specimen

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Received December 24, 2012; revised January 24, 2013; accepted January 30, 2013

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ABSTRACT

Crystallization of amorphous poly(lactic acid) (PLA) was investigated by exposing to vapor of acetone. The vapor of acetone induced crystallization of the amorphous PLA effectively. It took about 24 min to complete the crystallization of a 1 cm \times 2 cm \times 0.55 mm specimen at 25°C. The crystallization rate increased with increasing of conducting temperature. The crystallization method yielded high crystallinity about 40%, which was almost equal to that attained by annealing or immersion methods conducted as references. The specimens crystallized by the vapor showed higher transparency than those prepared by the reference methods. The crystallization was induced by diffusion of acetone into the amorphous phase of PLA, and polarized optical photomicrographs cleared that the diffusion obeyed Fick type diffusion.

Keywords: Poly(Lactic Acid); Acetone; Crystallization; Transparency

1. Introduction

Poly(lactic acid) (PLA) is one of the most useable bioderadable plastics which are made from bio-resources. PLA is used in various products, for example film, sheet, fiber, resin, and so on [1-3]. Improvement of the mechanical property and processability of PLA will expand the application of PLA. Crystallization rate and crystallinity of PLA are relatively low due to its slow nucleation [4,5], and its slow crystallization causes long molding cycle for producing of products. Addition of a nucleating agent to PLA is effective to improve the crystallization rate, and some nucleating agents, such as benzoic acid hydrazide, for PLA have been developed [6-14]. Nanocomposite of PLA is an effective method to improve the mechanical properties and increased the crystallization rate of PLA [15-19].

We found out crystallization of amorphous PLA induced by immersion it in organic solvents [20]. Acetone is the most effective among the organic solvents used in the experiments. This is a very easy and conventional method to obtain high crystalline PLA samples. However, this method yields whitened PLA specimens due to the forming small bubbling accompanied by immersion of the specimens in acetone. The problem which we must solve next is to fide a method for preparing high crystallinity with high transparency specimen of PLA.

We came to an idea that use of vapor of organic solvent to induce crytslallization of amorphous PLA. For example, crystallization of amorphous syndiotacic-polystyrene induced was induced by vapor of toluene [21]. It may offer the key to attain the crystallization of PLA without whitening. In this paper, we investigated solvent induced crystallization of amorphous PLA and its properties precisely, and found out that vapor of acetone induced crystallization of amorphous PLA effectively and yielded not only high crystallinity but also transparent specimens.

2. Experimental Part

2.1. Materials

Sheet of amorphous PLA was kindly donated from Uni-

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tika Ltd., and was used as received. Number average molecular weight (M_n) and molecular weight distribution (M_w/M_n) of the PLA were 83,600 and 2.5, respectively, calibrated with standard polystyrene samples. Sample sheet for the crystallization was cut as a size of 1 cm × 2 cm × 0.55 mm. Sample for polarized optical micrograph was prepared on the slide glass covered with cover glass. The sample was melted at 220°C for 5 min and rapidly cooled to room temperature. Acetone was commercially obtained and used without further purification.

2.2. Crystallization of Amorphous PLA

The crystallization was conducted in a 100 ml Erlenmeyer flask in the presence of 20 mL of acetone at desired temperatures. The amorphous PLA sample was exposed to the acetone vapor for desired time, and dried in vacuo at room temperature for 6 h. The sample was placed at room temperature for 1 week before DSC measurement.

Crystallization of amorphous PLA was also conducted by annealing at 90°C or immersion in acetone at 25°C.

2.3. Analytical Procedures

Thermal properties of the PLA samples were investigated by a Rigaku DSC 8230 at a heating rate of 3°C/min to 200°C after previous cooling to 0°C and holding for 5 min. Haze of the specimen was determined by a Nippon Denshoku Industries Co., Ltd. NDH-2000. Polarized optical micrographs of the PLA were observed using an optical microscope (Olympus BX50). Wide angle X-ray diffraction (WAXD) patterns of the PLA samples were recorded on a Rigaku RAD-C using Cu K radiation.

3. Results and Discussion

3.1. Structure and Properties of PLA Specimens Crystallized by Acetone Vapor

Amorphous PLA was exposed to the vapor of acetone at 25° C, 40° C, and 50° C. WAXD patterns of the specimens are shown in **Figure 1**. The specimens exposed to acetone vapor showed clear diffraction peaks at $2 = 14.7^{\circ}$, 16.5° , 18.9° , and 22.3° . These diffraction peaks are derived from 010, 110/200, 203, and 015 phases of form, respectively [22-24]. These diffraction peaks are not detected in the amorphous sample but detected in a thermally crystallized sample. The results clear that amorphous PLA can be crystallized by acetone vapor and the crystal preferentially forms the form.

Properties of PLA specimens are summarized in **Table 1**. The properties of the PLA samples, which are amorphous, immersed in acetone, and thermally crystallized samples, are also listed for references. Crystallinity values of all the crystallized samples induced by acetone vapor were more than 40%. The values are as high as

that of the crystallized samples by immersion in acetone and annealing at 90°C. Photographs of the specimens are shown in **Figure 2**. The specimen crystallized in acetone solvent is whitened as described above. Whereas, the crystallized samples induced by acetone or annealing are highly transparent. Haze values are also summarized in **Table 1**. The crystallized samples induced by acetone vapor showed low haze values than that of the thermally crystallized sample.



Figure 1. WAXD profiles of PLA samples; amorphous PLA (a), exposed to acetone vapor at 25°C (b), 40°C (c), and 50°C (d).



Figure 2. Photographs of PLA samples; amorphous PLA (a), exposed to acetone at 25° C (b), annealed at 90° C (c), and immersed in acetone at 25° C (d).

Table 1. Properties of PLA samples^a.

Sample	Method	°C	Time min	H _c ^b J∕g	Hm ^b J∕g	X _c ^c %	Haze %
1^d				38.1	39.6	1.6	6.7
2	Vapor ^e	25	60		38.0	40.9	65.9
3	Vapor ^e	40	20		39.7	42.7	76.1
4	Vapor ^e	50	20		40.9	44.0	83.2
5	Annealing	90	270		40.5	43.5	90.5
6	Immersion ^f	25	10		40.4	43.4	

^aSample: $10 \times 20 \times 0.55$ mm, ^bHeat of fusion of crystallization (H_c) or melting (H_m) on the heating process determined by DSC, ^cCrystallinity determined by Equation (1), ^dAmorphous sample, ^eExposed to acetone vapor, ^fImmersed in acetone.

3.2. Crystallization Behavior of Amorphous PLA by Acetone Vapor

The crystallization process of amorphous PLA in acetone was also traced with DSC. Figure 3 shows time evolution of DSC thermograms of the PLA exposed to acetone vapor at 25°C. In the DSC profile of the amorphous PLA (Figure 3. 0 min), endothermic and exothermic peaks derived from glass transition, crystallization of amorphous phase, and melting of crystalline phase were detected at 60°C, 110°C, and 165°C, respectively [25-27]. Multiple melting peaks at around 161°C and 166°C in the DSC curve of amorphous PLA sample should be derived from transition from α ' to phase as previously reported [28]. The samples exposed to acetone vapor for 3 - 18 min showed a $T_{\rm g}$ ($T_{\rm gl}$) ranging from 40°C - 30°C, which was lower than that of the amorphous PLA ($T_{\rm gh}$ at around 60°C). Two exothermic peaks of the crystallization were detected in the PLA samples exposed to acetone vapor for 3 - 18 min. Those were low $T_{\rm c}$ ($T_{\rm cl}$) ranging from 80°C to 60°C and high $T_{\rm c}$ ($T_{\rm ch}$) ranging from 110°C to 85°C, and these temperatures decreased with increasing of the conducting time. Only an exothermic peak derived from crystallization was detected at around 60°C in the sample exposed for 21 min, and the peak disappeared in the sample immersed for 24 min. Vapor induced crystallization takes longer time for crystallization than that induced by immersion in the solvent, the results of DSC profiles are resemble each other. The DSC profiles can be explained by the supposing three phases in the PLA samples, amorphous phase without acetone (Area 1), amorphous phase containing small amount of acetone (Area 2), and crystalline phase (Area 3), as previously proposed in the PLA samples crystallized in acetone solvent [20]. The contained acetone would play a role of like a plasticizer, and decrease $T_{\rm g}$ and $T_{\rm c}$ to $T_{\rm gl}$ and $T_{\rm cl}$ in the Area 2. The T_{ch} also decreased with increasing the conducting time, indicating the crystallization of Area 2 would induce the crystallization of Area 1. The DSC



Figure 3. Time evolution of DSC profiles of PLA sample exposed to acetone vapor at 25°C.

profile of the sample exposed for 21 min did not show $T_{\rm ch}$ indicating that acetone vapor had reached to the center of the specimen. The DSC profile of the sample exposed to acetone for 24 min did not show any $T_{\rm c}$ indicating the crystallization had completed.

The melting enthalpy of total crystalline phase (H_m) corresponds to the sum of melting enthalpies of original crystalline phase (H_{mc}) and crystallized amorphous phase (H_{ma}) . In the case of amorphous PLA sample, although a small amount of crystalline phase was contained, the values of H_c (38.1 J/g) and H_m (39.6 J/g) were almost same, as shown in **Table 1**. Crystallinity of the original PLA samples (X_c) , therefore, was estimated from enthalpies of crystallization of amorphous phase (H_c) and melting of total crystalline phase (H_m) using a following equation, as previously reported [20].

$$X_{c} = (H_{\rm mt} - H_{\rm ca}) / H_{\rm m}^{0} \times 100$$
 (1)

where, $H_{\rm m}^0$ is theoretical melting enthalpy of PLA, 93 J/g [29].

The crystallization at 40°C and 50°C was also trace by DSC. Relationship between conducting time and X_c is shown in **Figure 4** to study the effect of temperature of vapor on the crystallization rate. Increase of the conducting temperature is effective to accelerate the crystallization induced by acetone vapor. The crystallization was completed within 8 min or 5 min at 40°C or 50°C, respectively.

Crystallization of amorphous PLA induced by acetone vapor was conducted between cover glass and slide glass on the stage of an optical micrograph to trace the diffusion of the vapor in the specimen. **Figure 5** shows the polarized optical micrographs of PLA specimen at around the edge exposed to acetone vapor at 25°C. The sample before exposure to acetone vapor did not show



Figure 4. Relationship between exposure time and crystallinity of PLA sample exposed to acetone vapor at 25°C (circle), 40°C (triangle), and 50°C (square).

birefringence, as shown in **Figure 5(a)**. After the exposure of the sample to acetone vapor, birefringence appeared at where crystalline area. The area which showed the birefringence increased as time passed, as shown in **Figures 5(b)-(d)**. A relationship between conducting time (square root of the time) and crystallization front (length from edge of the specimen to crystallization front) is shown in **Figure 6**. The plot clears that diffusion distance of acetone is in proportion to square root of the exposed time, indicating the diffusion of acetone vapor in PLA obeys Fick type diffusion [30-32]. These results show good agreement with the results of the PLA crystallization immersed in acetone solvent.

4. Conclusions

Crystallization of amorphous PLA was carried out in



Figure 5. Polarized optical photomicrographs of PLA exposed to acetone vapor at 25° C, (a) 0 min, (b) 5 min, (c) 10 min, and (d) 40 min.



Figure 6. A relationship between exposure time (Square root of time) and crystallization front (length from edged of the specimen to crystallization front) of amorphous PLA sample at 25°C.

acetone vapor. Diffusion of acetone vapor into PLA sample induced the crystallization. This method formed high crystallinity and high transparency PLA specimens. The diffusion of acetone vapor in PLA specimen obeyed Fick type diffusion, and crystallization rate increased with increasing of the conducting temperature.

Solvent vapor induced crystallization should be one of the easy and useful methods to improve the properties of PLA. Although, it took longer time for crystallization than immersion in some organic solvents, it must be useful to make PLA products with high crystallinity and transparency for practical use. For example, it is possible to increase crystallinity of molds or films of PLA without damage of their optical properties. The crystallization can be induced by vapors of various solvents, and selection of chemically safety solvent would make the process practicable.

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