

# Investigation of Clinical Medical Teachers' Opinion about Validity-Feasibility of Clinical Assessment Tools in Medical Sciences Universities in Tehran

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Received August 1st, 2012; revised September 3rd, 2012; accepted September 15th, 2012

The purpose of this study is investigation about validity and feasibility of clinical assessment methods in the point of view of clinical instructors. The descriptive study was done in Tehran city universities. Population study consisted of academic clinical experts. The instrument was a two-part questionnaire made by using Accreditation Council for Graduate Medical Education (ACGME) suggested questionnaire and valid scientific resources. Sampling was based-objected. Total of obtained questionnaires were 83 which were collected from universities Tehran University of Medical Sciences (39), Iran University of Medical Sciences (24) and Shahid Beheshti Medical University (20). Data analysis was conducted by SPSS16. Data indicated that the majority of the study population believed that MCQ (97.6%) is used in clinical setting. OSCE (92.8%) and Logbook (86.7%) are the next methods. Furthermore, Multi-Source Feedback (MSF) (8.4%) and Portfolio (6%) are not often used; whereas the most suitable and feasible medical students' clinical assessment tools in variety of domains are completely different so that there are lots of suggested methods for efficient evaluation. Also, the most suitable and feasible methods were the same in 60% cases. Clearly, no single rating is able to provide the whole story about any doctor's ability to practice medicine, as this requires the demonstration of ongoing competence across a number of different general and specific areas.

Keywords: Validity; Feasibility; Clinical Assessment Methods; Medical Sciences University; Tehran; Clinical Medical Teachers

# Introduction

Assessment has a powerful positive steering effect on learning and the curriculum (Tabish, 2010) and drives both how a subject is taught and what is taught (Sultana, 2006). Assessment and evaluation are crucial steps in educational process (Tabish, 2010) that play major role in the process of medical education, in the lives of medical students, and in society by certifying competent physicians who are able to take care of the public. The very foundation of medical curricula is built around assessment milestones for students. Assessment becomes a motivating force for them to learn (Shumway, 2003). Before making a choice of assessment method, some important questions must be asked: what should be assessed? Why assess? And for an assessment instrument one must also ask: Is it valid? Is it reliable? Is it feasible? (Tabish, 2010) Since the 1950s, there has been rapid and extensive change in the way assessment is conducted in medical education. Several new methods of assessment have been developed and implemented over this time and they have focused on clinical skills (taking a history from a patient and performing a physical examination), communication skills, procedural skills, and professionalism. In 2005, Van der Vleuten and Schuwirth expanded on these factors for purposes of assessment in medical education and added

educational effect, feasibility, and acceptability to validity and reliability. Feasibility is the degree to which the assessment method selected is affordable and efficient for the testing purpose; assessments need to have reasonable costs. Acceptability is the extent to which stakeholders in the process endorse the measurement and the associated interpretation of scores (Norcini & McKinle, 2007). Mahara (1998) believes that clinical evaluation processes should focus on reflection, meaning making and student teacher partnerships. Evaluation tools are needed that to capture the unity and context dependent nature of clinical practice and support an empowering teacher-student relationship (Bourbonnais, 2008). Unfortunately, in the vast majority of medical schools, feedback to clinical clerks is neither direct nor timely. The primary method for evaluation of both junior and senior medical student performance on the wards is typically a subjective and is written by the faculty (Colletti, 2000). On the other hand, because of faculty time constraints, the increasing reliance on residents as teachers for medical students in the clinical setting at our institution has arisen largely (Johnson & Chen, 2006), and in many institutions, residents and fellows anticipate to write evaluation process. In addition, particularly for junior rotations, many institutions complement the subjective written evaluation of clinical ward

performance with some form of cognitive evaluation (Colletti, 2000). Whereas for an assessment method to be acceptable, it needs to be valid, reliable, and practical and have a positive effect on a trainee's learning (Brown & Doshi, 2006). Effective evaluation not only increases the students' motivation but also helps instructors to determine the strength or weakness of their educational activities for improvement of their performance (Baral & Paudel, 2007). And poorly selected assessment methods can lead to passive or rote learning (to get through an examination), which is associated with a rapid decay of knowledge and sometimes an inability to apply it in real situations (Brown & Doshi, 2006). Because of the importance of the topic research, we decided to assess the validity and feasibility of the medical student's assessment tools in view of Iranian academic clinical experts.

### **Methods & Material**

This survey was a descriptive study that was done in Tehran city universities. Population study consisted of academic clinical experts that were working as a faculty member. The study instrument was a two-part questionnaire. One of them was about demographic and institutional data and the other one was a thirteen-item table of medical students' competencies in six domains included patient care, medical knowledge, practice-based learning & improvement, interpersonal & communication skills, professionalism, systems-based practice and also some clinical assessment tools that were used for medical student as usual. The questionnaire was made by using of ACGME suggested questionnaire and valid scientific resources. Questionnaire was adopted with conditions of universities after translation and back translation. Also three pages were a brief of clinical assessment tools enclosed to questionnaire. Content validity of questionnaire was confirmed after doing a survey from experts and accomplishing preliminary study. Reliability of the results was assessed through calculating Cronbach alpha coefficient for internal consistency. Sampling was based-objected, so that researcher found out some of key point persons via educational development centers (EDC) and then the others were introduced by them. Then after coordination and making appointment with clinical professors, researcher by self delivered questionnaire with a short explanation about completion it and made another appointment to receive the questionnaire. Total of collected questionnaires were 83 that 39 of them were of Tehran University of medical science, 24 Iran University of medical science and 20 Shahid Beheshti University of medical science. Analysis of data was conducted with SPSS version 17.

# **Clinical Assessment Tools**

# Multi-Rater (360°) Evaluation

Multi-rater (360°) evaluations provide multiple perspectives on various aspects of the resident's performance. For residents, Multi-rater (360°) assessment might entail evaluation by attending, other residents, medical students, nurses, ancillary staff, clerical/administrative support staff, and patients. Self-evaluation is an important part of the Multi-Rater (360°) assessment (Joyce, 2006).

# **Portfolio**

A learning portfolio is a collection of materials that repre-

sents a resident's efforts in multiple areas of the curriculum. The purpose of a learning portfolio is to improve ability.

Key components of a learning portfolio include:

- Self-assessment and goal setting;
- Mentored observation and feedback:
- Works in progress with formative feedback;
- Self reflection on work; and
- Final materials documenting achievement (Joyce, 2006).

# **Chart Stimulated Recall Oral Examination (CSR)**

In a chart stimulated recall (CSR) examination patient cases of the examinee (resident) are assessed in a standardized oral examination. A trained and experienced physician examiner questions the examinee about the care provided probing for reasons behind the work-up, diagnoses, interpretation of clinical findings, and treatment plans. The examiners rate the examinee by a well established protocol and an accurate scoring procedure (Wilkinson & Wade, 2005).

# The Mini-Clinical Evaluation Exercise (Mini-CEX)

The mini-clinical evaluation exercise (mCEX) is a method of clinical skills assessment. Faculty observe and evaluate a resident during a focused new or follow-up patient encounter. The resident is evaluated along domains using a scale and then receives feedback. The mCEX is performed on multiple occasions with different patients and different observers (Kogan et al., 2003).

# **Assessment of Procedural Skills: DOPS**

Directly observed procedural skills (DOPS) is a method of assessment designed specifically by the RCP for the assessment of practical skills. An assessor observes a trainee undertaking a routine practical procedure and scores specific components of the procedure at the time of the procedure. Finally, they give the trainee an overall score on their performance (Wilkinson & Wade, 2005).

# Viva Voce (Oral Examination)

"... assessment in which a student's response to the assessment task is verbal, in the sense of being expressed or conveyed by speech instead of writing" (Pearce & Lee, 2007).

# Logbook

The logbook is a convenient tool for recording procedural skills learned during training. The logbook will help trainees record:

- Understanding of the indications, limitations, contraindications and complications of diagnostic and therapeutic procedures:
- Performance of diagnostic and therapeutic procedures;
- Interpretation of diagnostic and therapeutic procedure results (Wilkinson & Wade, 2005).

# **Objective Structured Clinical Examination (OSCE)**

In an objective structured clinical examination (OSCE) one or more assessment tools are administered at 12 to 20 separate standardized patient encounter stations, each station lasting 10 - 15 minutes. Between stations candidates may complete patient

notes or a brief written examination about the previous patient encounter. All candidates move from station to station in sequence on the same schedule. Standardized patients are the primary assessment tool used in OSCEs, but OSCEs have included other assessment tools such as data interpretation exercises using clinical cases, and clinical scenarios with mannequins, to assess technical skills (Jafarzadeh, 2009).

# Written Examination (MCQ)

A written or computer-based MCQ examination is composed of multiple-choice questions (MCQ) selected to sample medical knowledge and understanding of a defined body of knowledge, not just factual or easily recalled information. Each question or test item contains an introductory statement followed by four or five options in outline format. The examinee selects one of the options as the presumed correct answer by marking the option on a coded answer sheet (Mc Coubrie, 2004).

## **Results**

83 out of 102 questionnaires which were delivered to experts (60% male and 40% female) were completed and returned (response

rate, 81.4%). Mean age of participants was 44 years (SD = 6.06), mean year of service them as a clinical teacher was 13.7 years (SD = 6.56).

**Table 1** indicates that the majority of the study population (97.6%) believes that MCQ is used in clinical setting. OSCE (92.8%) and logbook (86.7%) are the next methods. Furthermore MSF (8.4%) and Portfolio (6%) are not used often.

**Table 2** indicates that the most suitable and feasible medical student's clinical assessment tools in variety of domains are completely different as there are lots of suggested methods for efficient evaluation. Also as you see in sixty percent cases the most suitable methods and feasible methods are the same.

Mini-CEX is the most suitable and the most feasible assessment tool for competencies "Interviewing" and "Develop & Carry out pt. Management plan". To assess the competencies, Mini-CEX is the most feasible method for evaluating "Patient teaching", "Interpersonal communication skills" and "Professionalism" and also MSF is the most suitable method to evaluate "Practice-Based Learning". MCQ and Oral Exams are suitable and feasible methods to evaluate competencies "Medical Knowledge" and "System-Based Practice". MCQ is the most feasible and Portfolio is the most suitable methods. And finally

**Table 1.**Frequency distribution and the percentage of academic clinical expert's opinion about using the clinical assessment tools in medical science universities.

Assessment tools	MCQ	Viva	OSCE	CSR	Mini-CEX	MSF	Logbook	DOPS	Portfolio
Frequencies (percentage)	81	39	77	17	27	7	72	53	4
	(97.6%)	(47%)	(92.8%)	(20.5%)	(32.5%)	(8.4%)	(86.7%)	(63.9%)	(4.8%)

**Table 2.**Academic clinical experts' opinion about medical students' clinical assessment tools in view of validity and feasibility.

	Assessment tools									
Competencies		MCQ	Viva	OSCE	CSR	Mini-CEX	MSF	Logbook	DOPS	Portfolio
Patient care	Interviewing			$S_2, F_2$		$S_1, F_1$				
	Informed decision-making		$F_2$	$S_1, F_1$	$S_2$					
	Develop & Carry out pt. management plan				$S_2, F_2$	$S_1, F_1$				
	Patient teaching					$F_1$ , $S_2$	$S_1$		$F_2$	
	Medical procedures			$S_2, F_2$					$S_1, F_1$	
Medical knowledge	Investigatory & analytic thinking	$F_1$	$S_1, F_2$	$S_2$						
	Knowledge & application of basic science	$S_1, F_1$	S <sub>2</sub> , F <sub>2</sub>							
Practice-based learning	Application of research, IT & statistical methods	$S_2, F_2$								$S_1, F_1$
	Analyze own practice for improvements						$S_2$	$S_1, F_1$		$F_2$
	Facilitate learning of others						$S_1, F_1$			$S_2, F_2$
Interper	Interpersonal communication skills					$F_1, S_2$	$S_1$		$F_2$	
Professionalism						$F_1, S_2$	$S_1, F_2$			
S	System-based practice				$S_2$	$F_2$				$S_1$

Note:  $S_1$  = the most suitable;  $S_2$  = the next suitable;  $F_1$  = the most feasible;  $F_2$  = the next feasible.

DOPS is the best method to assess competency "Medical procedures" and OSCE is the next.

### Discussion

The evaluation of clinical competence is a major responsibility of medical educators (Tabish, 2010). Effective evaluation not only increases the students' motivation but also helps instructors to determine the strength or weakness of their educational activities for improvement of their performance (Jafarzadeh, 2009). In our study the majority of the study population (97.6%) believed that MCQ is used in clinical setting. Although MCQs are a valid method of competence testing, they do not guarantee competence as professional competence integrates knowledge, skills, attitudes and communication skills (Mc Coubrie, 2004). OSCE and logbook were the next methods that were used. Furthermore MSF and Portfolio are not used often. As we know a direct relationship between instructional objectives and tests must exist. Thus, tests should come directly from the objectives and focus on important and relevant content (Collins, 2006). One of the barriers to use portfolio and MSF (360°) is that all raters must be trained in using these tools. In portfolio scoring is difficult and in MSF you may need a large number of evaluators to obtain a stable estimate of performance and this assessment can increase cost (Joyce, 2006). Data indicated that the most suitable and feasible medical student's clinical assessment tools in sixty percent cases are the same, that it could be a acceptable result and it shows there are appropriate educational environments that you can improve clinical assessment methods to evaluate medical students.

In July 2002, the Accreditation Council for Graduate Medical Education (ACGME) began requiring residency programs to demonstrate resident competency in six areas: patient care, medical knowledge, practice—based learning and improvement, interpersonal and communication skills, professionalism, and systems—based practice (Tabish, 2010) and developed a "Toolbox" to suggest possible techniques for evaluating each competency (Cogbill & O'Sullivan, 2005) though validity and reliability suggested tools have not been demonstrated for most, and many tools may have limited feasibility because of time constraints and other reasons (Gigante & Swan, 2010). Previous studies indicated that measuring both professional (Tabish, 2010) and medical (Ronald & Epstein, 2007) competences are extremely complex. Assessment techniques have limitations, and therefore multiple strategies are recommended (Tabish, 2010) and because of that the assessment tools are selected should be practical in residency program, so in this way adds valuable information about a resident's performance, and assists in making promotion and graduation decisions (Joyce, 2006). For example a 360-degree evaluation can be used to assess interpersonal and communication skills, professional behaviors, and some aspects of patient care and systems-based practice or MCQ may not be the suitable method to determine how a resident will perform with a patient (Dannefer et al., 2005) but it can assess taxonomically higher-order cognitive processing if they construct appropriate. Also portfolio is often used to assess professional development (Michels, 2009). CSR is to evaluate the trainee's clinical decision-making, reasoning and application of medical knowledge with real patients and DOPS is appropriate for competencies patient care, professionalism, interpersonal skills, communication (Gigante & Swan,

2010) and anywhere practical skills are important (Brown & Doshi, 2006). The results of this study showed that Mini-CEX is the most suitable and the most feasible assessment tool for competencies "Interviewing" and "Develop & Carry out pt. Management plan". Mini-CEX is the most feasible method, too and MSF is the most suitable method. Although Mini-CEX because of limitation to one patient and one assessor has limited genera- lisability, it makes a snapshot view for raters (Brown & Doshi, 2006) and it is feasible to use in an inpatient and outpatient medicine clerkship for formative assessment (Kogan et al., 2003). Besides the main strength of mini-CEX is its ability to provide immediate feedback, related to the task, from a knowledgeable assessor (Singh & Sharma, 2010).

It also can be seen Portfolio and Logbook are suitable and feasible methods to evaluate competency "Practice-Based learning". MCQ and oral exams are suitable and feasible methods to evaluate competency "Medical Knowledge" and for "System-based practice" MCQ is the most feasible and Portfolio is the most suitable methods. And finally DOPS is the best method to assess competency "Medical procedures" and OSCE is the next.

## Conclusion

The most suitable and feasible medical student's clinical assessment tools in variety of domains are completely different as there are lots of suggested methods for efficient evaluation. All methods of assessment have strengths and intrinsic flaws. The use of multiple observations and several different assessment methods over time can partially compensate for flaws in any one method (Ronald & Epstein, 2007). A multi-method assessment might include direct observation of the student interacting with several patients at different points during the rotation, a multiple-choice examination with both "key features" and "script-concordance" items to assess clinical reasoning, an encounter with a standardized patient followed by an oral examination to assess clinical skills in a standardized setting, written essays that would require literature searches and synthesis of the medical literature on the basic science or clinical aspects of one or more of the diseases the student encountered, and peer assessments to provide insights into interpersonal skills and work habits (Ronald & Epstein, 2007). Clearly, no single rating is able to provide the whole story about any doctor's ability to practice medicine, as this requires the demonstration of ongoing competence across a number of different general and specific areas (Brown & Doshi, 2006). Multiple assessment methods and multiple perspectives, however, provide rich data that support a resident's ability (or inability) to perform as a medical practitioner upon graduation and finally assessment results provide feedback to both the resident and faculty that the resident is making expected progress in achieving the knowledge, skills, and attitudes outlined by the objectives (Joyce, 2006).

# Acknowledgements

The authors would like to thank all of academic clinical experts that participate in this study because of their worthy opinions and also Dr. Soltani Arabshahi, Dr. Mohamad Ali Mohagheghi, Dr. Shahram Yazdani, Dr. Amir Hosein Emami and Dr. Kurosh Vahidshahi because of their helpful leads.

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