

Pectin-Based Biodegradable Hydrogels with Potential Biomedical Applications as Drug Delivery Systems

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ABSTRACT

In this work, synthesis and swelling behavior of a superabsorbent hydrogel based on Pectin (Pc) and polyacrylonitrile (PAN) were investigated. A mechanism for hydrogel formation was proposed and the structure of the product was established using FTIR spectroscopy. The Pc-poly (sodium acrylate-co-acrylamide) hydrogel exhibited a pH-responsive swelling-deswelling behavior at pH's 2 and 8. This on-off switching behavior provides the hydrogel with the potential to control delivery of bioactive agents. Release profiles of ibuprofen (IBU), a poor water-soluble drug, from the hydrogels were studied under both simulated gastric and intestinal pH conditions.

Keywords: Pectin, Polyacrylonitrile, Hydrogel, Ibuprofen, Drug Delivery

1. Introduction

Pectin is a naturally occurring biopolymer that is finding increasing applications in the pharmaceutical and biotechnology industry. It has been used successfully for many years in the food and beverage industry as a thickening agent, a gelling agent and a colloidal stabilizer. Pectin also has several unique properties that have enabled it to be used as a matrix for the entrapment and/or delivery of a variety of drugs, proteins and cells. Furthermore, crosslinked polymers from Pectin can form hydrogels that are able to absorb and retain hundreds of times their weight of water and are known as superabsorbents [1]. The properties of these hydrogels have attracted the attention of many researchers and technologists and have found wide-spread applications in many fields, such as drug delivery systems, agriculture, separation processes [2-5]. The combination of the hydrophilic acrylic polymer properties with the biodegradable character of Pectin based blends, will lead to interesting hydrogels with potential applications as biomaterials exhibiting different properties depending on the composition and on the type of interactions within the network, attending to chemical crosslinking and hydrogen bonding interactions [6]. This work deals with the development of new biodegradable hydrogels developed by the polymerization of AN and

some formulations with sodium hydroxide as crosslinker, in the presence of Pectin.

2. Experimental

2.1. Hydrogel Preparation

A one step preparative method was used for synthesis of Pc-poly(sodium acrylate-co-acrylamide)hydrogel, Pc-poly (NaAA-co-AAm), hydrogel. Pectin (1.33 g) was added to 35 mL of doubly distilled water in a three-neck reactor equipped with a mechanical stirrer (Heidolph RZR 2021, three blade propeller type). The reactor was immersed in a thermostated water bath. After complete dissolution of the Pectin, sodium hydroxide (10.0 wt %) was added to the Pectin solution at desired temperature (alkalization temperature, 80°C). The mixture was allowed to stir for certain times (alkalization times, 120 min). The various amount of polyacrylonitrile (1.0 g) was dispersed in the reaction mixture to saponify for certain times and temperatures (alkaline time and temperature). During the saponification NH₃ gas was evolved and a color change from red to light yellow. This discoloration was an indication of the reaction completion. The pasty mixture was allowed to cool to room temperature and neutralized to pH 8.0 by addition of 10 wt % aqueous acetic acid solution. Then the gelled product was scissored to small

pieces and poured in ethanol (200 mL) to dewater for 5 h. The hardened particles were filtered and dried in oven (50 $^{\circ}$ C, 10 h). After grinding, the powdered superabsorbent hydrogel was stored away from moisture, heat and light.

2.2. Drug Loading Efficiency and In Vitro Drug Release

Powdered samples (1 g \pm 0.0001), with average particle sizes between 40-60 mesh (250-420 μ m), were accurately weighted and immersed in an alkaline solution of ibuprofen (IBU, 0.54 g dissolved in 50 mL distilled water) at 0°C for 25 h. The swollen hydrogels loaded with drug were placed in a vacuum oven and dried under vacuum at 37°C. The loading amount of drug in the hydrogels was calculated from the decrease in the concentration of the IBU solution which was determined using a UV spectrophotometer (UV-1201, Shimadzu, Kyoto, Japan). The loading efficiency of the Pectin-based hydrogels was calculated as the ratio of the final to the initial IBU concentration.

In vitro release was carried out in duplicate by incubating 0.01 ± 0.0001 g of the IBU-loaded hydrogels into a cellophane membrane dialysis bag (D₉₄₀₂, SIGMA-ALDRICH) in 50 mL of buffer solution (either pH 1.2 or 7.4) at 37°C. At specific time intervals, 1 mL aliquots of sample was withdrawn and after suitable dilution the concentration of drug released was measured by UV spectrophotometer. The drug release percent was calculated twice using the following equation:

Released drug (%) =
$$R_t/L \times 100$$
 (1)

where L and R_t represent the initial amount of drug loaded and the final amount of drug released at time t.

3. Results and Discussion

3.1. Mechanism of Hydrogel Formation

A general reaction mechanism for Pc-poly(NaAA-co-AAm) hydrogel formation is shown in Scheme 1. In the first step, Pectin hydroxyl groups were converted to corresponding alkoxides using sodium hydroxide. These macroalkoxides initiated a crosslinking reaction between adjacent polyacrylonitrile pendant chains forming naphthyridine cyclic structures (including imine, -C=N-, conjugated bonds with deep red color). The intermediate was then hydrolyzed using residual sodium hydroxide aqueous solution to produce hydrophilic carboxamide and carboxylate groups (**Scheme 1**) with a resulting color change from red to light yellow. This sharp color change was used as an indication to halt the alkaline treatment. However, incompletely hydrolyzed structures may also give rise to a few crosslinking points result in a loosely

crosslinked network.

Infrared spectroscopy was carried out to confirm the chemical structure of the materials obtained. The FTIR spectra of Pc-PAN physical mixture and the resulted hydrogel, Pc-poly(NaAA-co-AAm) are shown in **Figure 1.** The band observed at 2242 cm⁻¹ was attributed to stretching of cyanide (**Figure 1a**). The Pectin backbone with side chains with carboxamide and carboxylate functional groups were identified by three new peaks at 1407, 1556, and 1675 cm⁻¹ (**Figure 1b**).

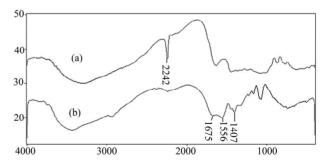
These peaks were attributed to C=O stretching in carboxamide functional groups and symmetric and asymmetric stretching modes of carboxylate groups, respectively [7].

The *in situ* reaction was conducted with alkaline hydrolysis in absence of the polysaccharide. The product obtained was soluble, indicating that crosslinks were not being formed without Pectin. This substantiated the fact that Pectin hydroxyls are involved in the crosslinking process leading to the formation of hydrogels.

3.2. PH-Reversibility for Pc-Poly (NaAA-co-AAm) Hydrogel

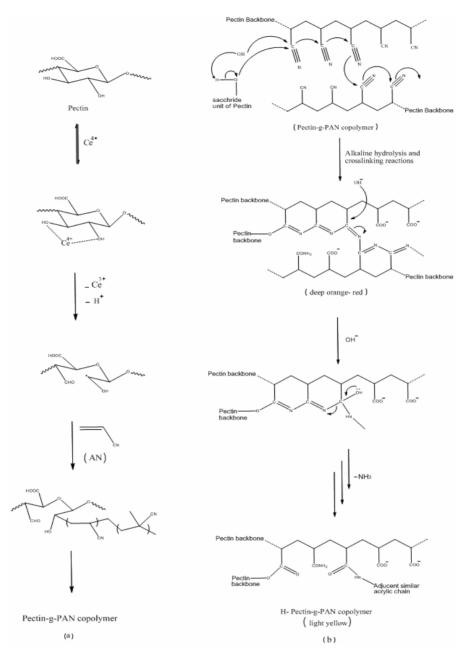
Since the hydrogels show different swelling behavior at various pHs, we investigated their pH-reversibility in solutions buffered at pH 2.0 and 8.0. A stepwise reproducible in swelling change of the hydrogel at 25 °C with alternating pH between 2.0 and 8.0 is seen in **Figure 2.**

At pH 8.0, the hydrogel swelled up to 157 g/g due to anion–anion repulsive electrostatic forces, while, at pH 2.0, it shrunk within a few minutes due to protonation of carboxylate groups. This sharp swelling–deswelling behavior of the hydrogels makes them suitable candidates for controlled drug delivery systems. Such on-off switching behavior as reversible swelling and deswelling has been reported for other ionic hydrogels [8-11].



Transmittance/Wavenumber (cm⁻¹)

Figure 1. FTIR spectra of (a) the physical mixture of Pectin and PAN and (b) the crosslinked Pc-poly (NaAA-co-AAm) hydrogel.



Scheme 1. Proposed mechanism for crosslinking during the hydrolysis of nitrile groups of the Pc-PAN mixture to produce the Pc-poly (NaAA-co-AAm) hydrogel.

3.3. In vitro IBU Release in the Simulated Human Gastrointestinal System

To determine the potential application of Pectin-based superabsorbent containing a pharmaceutically active compound, we have investigated the drug release behavior IBU form this system under physiological conditions. The percent of released drug from the polymeric carriers as a function of time is shown in **Figure 3.**

The concentration of IBU released at selected time intervals was determined by UV spectrophotometer. The IBU-loaded hydrogels with high degrees of drug loading (>80%) were prepared by the swelling-diffusion method. The amount of IBU released in a specified time from the Pectin-based hydrogel decreased as the pH of the dissolution medium was lowered, indicating better release in a medium with a pH much higher than that of the stomach.

At low pH values, electrostatic repulsion between the

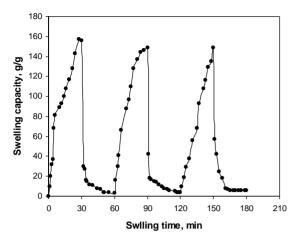


Figure 2. On-off switching behavior as reversible pulsatile swelling (pH 8.0) and deswelling (pH 2.0) of Pc-poly(NaAA-co-AAm) hydrogel. The time interval between the pH changes was 30 min.

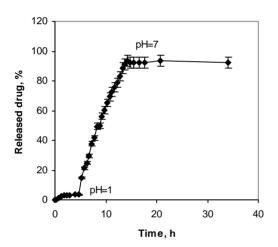


Figure 3. Release of IBU from hydrogel carrier as a function of time and pH at 37 °C.

carboxylic acid groups of backbone is low, thus decreases gel swelling and minimizes release of IBU via diffusion. However, in alkaline media the presence of OH⁻ increases the electrostatic repulsion between carboxylate groups, thus increases the gels swelling degree and so the release of IBU was increased [12-13]. The amounts of the loaded drug in superabsorbent hydrogels was significantly affected by the loading time (**Figure 4**). With increasing loading time, the amount of drug loaded is initially increased and then begins to level off.

4. Conclusion

The superabsorbent hydrogel, Pc-poly(NaAA-co-AAm), was synthesized through alkaline hydrolysis of Pc-PAN physical mixture. The reaction of Pectin alkoxide anions with nitrile groups of polyacrylonitrile, formed crosslinks

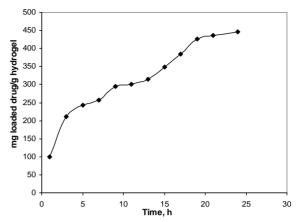


Figure 4. The dependency of the drug loading amount to the loading time.

producing a three-dimensional network. No toxics material were used in the synthesis, this practical approach may be preferred to as a relatively "green process". This one-step preparative method conducted under normal atmospheric conditions in a short period of time. The dark red-yellow color change provided a visual indication for the reactions progress. The superabsorbent hydrogels exhibited high sensitivity to pH, so that, the reversible swelling-deswelling behavior in solutions with acidic and basic pH, contributes to the suitability of these hydrogels as candidates for controlled drug delivery systems. In vitro drug-release studies in different buffer solutions showed that the most important parameter affecting the drug-release behavior of hydrogels is the pH of the solution. The release value of Ibuprofen from hydrogels at pH 7.4 was higher than that at pH 1.2 due to the electrostatic repulsion between carboxylate groups.

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