

A New Alternative Technique for Preperitoneal Inguinal Hernia Repair: Using Groin Innominate Fascial Island Flap

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ABSTRACT

Aim: Despite the fact that reported low recurrence rates and improvement results, optimal surgical technique for inguinal hernia repair was not found and recurrence was not eliminated. We used firstly groin innominate fascial island flap to reinforce the weak inguinal tissue for the repair. **Methods:** From the February 2010 to December 2010, 15 patients (13 male and 2 female) with inguinal hernia underwent repair with using island groin innominate fascial flap. The follow-up period ranged from 8 to 12 months (mean, 10 months). **Results:** Seroma developed in one case. Others had not any complications. **Conclusion:** Because of our technique avoids from the complications and drawbacks of the prosthetic mesh, autograft and abdominal wall flaps, we think that the groin deep fascial flap can be a good alternative to prosthetic meshes for reconstruction of inguinal hernia repair.

Keywords: Inguinal Hernia; Innominate Fascia; Preperitoneal Repair

1. Introduction

The management of inguinal hernias is one of the most challenging problems in surgery. Different surgical techniques are proposed for the treatment of inguinal hernias. Despite reported low recurrence rates and improvement results, the optimal surgical technique has not been found and recurrence was not eliminated [1,2]. Several prosthetic materials, fascial flaps and aponeurotic flaps have been used for reinforcement of weak inguinal tissues and eliminating recurrence [1-11]. We used an open anterior procedure which combined with groin innominate fascial island flap to reinforce the weak inguinal tissue for the repair. Our aim of this combination is to decrease the recurrence rate of the open anterior procedure and avoid complications of the mesh application.

2. Patients and Methods

From the February 2010 to December 2010, 15 patients (13 male and 2 female) with inguinal hernia underwent repair according to our technique. Their ages ranged from 26 - 60 years with a mean of 36.6 years. 12 of the patients had direct inguinal hernias, and 3 had indirect inguinal hernias. All cases received general anesthesia.

Analgesics were given only when necessary; antibiotics were continued for 5 days. Ambulation was allowed on the first postoperative day and normal physical activity was allowed on the tenth postoperative day. Strenuous activity was allowed four weeks after the operation.

Surgical Technique

Approximately 8 - 10 cm long oblique inguinal skin incision line and flap dimension were outlined with marking pen. The flap size was ranged from 8 × 6 cm to 12 × 10 cm (mean, 8 × 10 cm). Inferior side of the flap was designed 2 cm below the inguinal ligament and medial side was designed from the midpoint of the inguinal ligament (**Figure 1**). After the skin incision, superficial circumflex iliac artery and vein were identified easily under low magnification with a loop. Suprafascial blunt dissection was made with scissors to reach flap outline. Innominate fascia at the lateral side of the flap was incised and a fascial flap was elevated lateral to medial direction (**Figures 2 and 3**). No attempt was made to incise around the pedicle for not injuring it. The hernias were repaired according to the classic Shouldice technique. After the repair of the floor of the inguinal canal, that flap was transported through the dissected tunnel, sized only for just allowing pedicle pass, beneath the inguinal ligament

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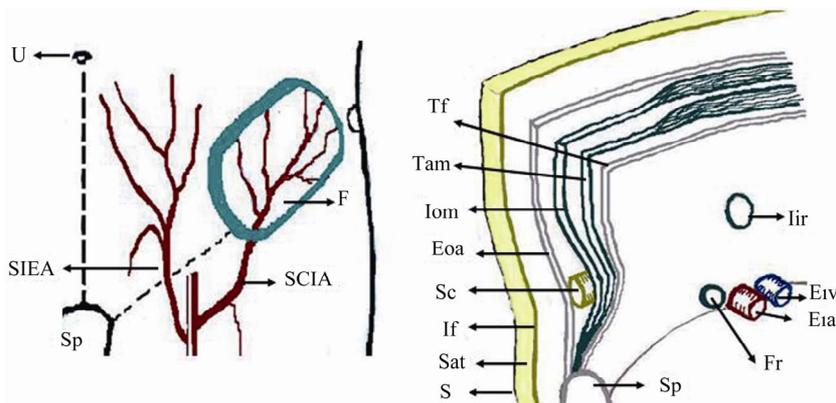


Figure 1. Schematic diagram of inguinal area and components of abdominal wall. Left: Inguinal area and design of the flap. Right: Components of abdominal wall. U: umbilicus; Sp: Symphysis pubis; SIEA: Superficial inferior epigastric artery; SCIA, Superficial circumflex iliac artery; F: Flap; Tf: Transversalis fascia; Tam: Transversus abdominis muscle; Iom: Internal oblique muscle; Eoa: External oblique aponeurosis; Sc: Spermatic cord; If: Innominate fascia; Sat: Subcutaneous adipose tissue; S: Skin; Iir: Internal inguinal ring; Eia: External iliac artery; Eiv: External iliac vein; Fr: Femoral ring.

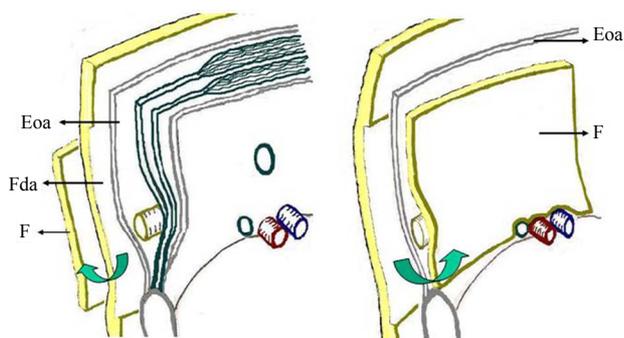


Figure 2. Schematic diagram of elevation and placement of the flap. Left: Elevation of the flap. Right: Placement of the flap covered and sufficiently overlapped all potential hernial sites. Eoa: External oblique aponeurosis; Fda: Flap donor area; F: Flap.



Figure 3. Intraoperative view; innominate fascial flap was elevated at the left inguinal area. F: Flap.

and introduced beneath external oblique aponeurosis. Placement of the flap covered and sufficiently overlapped all potential hernial sites (**Figure 3**, right and **Figure 4**). An outline of the flap was sutured superiorly to the internal oblique muscle and the anterior sheet of the rectus abdominus muscle and inferiorly lacunar ligament with 2/0 polyglycolic acid sutures (**Figure 4**). External

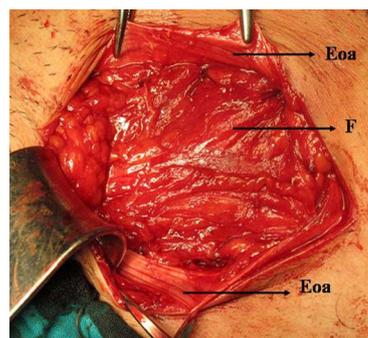


Figure 4. Intraoperative view; placement of the flap on the all potential hernial sites and outline of the flap was sutured superiorly to the internal oblique muscle and the anterior sheet of the rectus abdominus muscle and inferiorly lacunar ligament. F: Flap; Eoa: External oblique aponeurosis.

oblique aponeurosis was closed by means of running 2/0 polypropylene sutures. Finally skin was closed by simple interrupted 3/0 polypropylene sutures.

3. Results

The average operating time was 50 minutes (ranged from 40 to 60 minutes). The follow-up period ranged from 8 to 12 months (mean, 10 months). Seroma was developed in the flap donor areas of one case. Seroma healed gradually with repeated aspiration. Except this case, others had not any complication as included wound infection, wound dehiscence, hematoma formation, paresthesia of the donor areas, stitch granuloma, chronic pain, testicular atrophy and hernia recurrence.

4. Discussion

The searches are going on for an ideal hernia repair but optimal treatment modality has not been achieved yet and recurrence has not been eliminated [1,2,4]. Various

types of prosthetic materials which include polyester, mersilene, prolene, polypropylene, and expanded polytetrafluoroethylene meshes have been developed and commonly used for the reinforcement of the weakened abdominal wall [2,3,5]. Prosthetic materials allow the hernia to be repaired without tension being placed on the surrounding tissue. Excellent results have been achieved and reported recurrence rates have been less than 1 percent [4]. On the other hand these synthetic materials are physically and chemically inert, induce minimal inflammatory or foreign body reaction, resist mechanical strains, and cause seroma, testicular atrophy, chronic pain, and infection [2,3,6,7]. Avoiding for these complications, biomaterials which includes bioabsorbable polyglycolic acid and self reinforced polyglycolic acid have been developed and used in the experimental and clinical studies [5,7]. In addition to the all of these materials, dermal and fascial grafts have been used for abdominal wall reinforcement in experimental and clinical studies. The grafts may lead to deformity of the donor area [8-12]. Above all, abdominal wall layers have been used for its weakened areas, such as transversalis fascia and external oblique aponeurosis. The authors of these studies have reported minimal complications and 1.1% to 2% recurrence rate [1,11]. Furthermore, these techniques have not disadvantages of the prosthetic mesh.

We used innominate fascial flap for the inguinal hernias without mesh reinforcement. This flap is similar to the design of the aponeurofasciocutaneous groin flap, except not including external oblique aponeurosis and skin [13]. Innominate fascia (an external investing layer of the deep fascia), covers the superficial surface of the muscles and aponeurosis on the abdomen. Innominate fascia is supplied via deep branches of the superficial circumflex iliac artery [13]. This fascia is highly vascular and has an arborization of small vessels. Therefore, we used that fascia an island fascial flap for the repair of inguinal hernias our technique was performed via the open anterior approach.

Our study is similar to reconstruction of the inguinal hernias with abdominal wall layers such external oblique aponeurosis and transversalis fascia. Nevertheless we did not use component of the abdominal wall and our technique was less invasive. Therefore there is rather low possible of the complication. In addition, the flap can be harvested enough size and does not weak the abdominal wall.

5. Conclusion

In spite of having few cases and short time of follow-up, results of this work courage us. Because of our technique avoids from the complications and drawbacks of the prosthetic mesh, autograft and abdominal wall flaps, we think that the groin deep fascial flap can be a good alter-

native to prosthetic meshes for reconstruction of inguinal hernia repair.

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