



Special Issue on Mental Stress and Psychology

Call for Papers

Stress is a natural part of life. Stress is hard to define because it means different things to different people; however, it's clear that most stress is a negative feeling rather than a positive feeling. All sorts of situations can cause stress. The most common involve work, money matters and relationships with partners, children or other family members. Stress may be caused either by major upheavals and life events such as divorce, unemployment, moving house and bereavement, or by a series of minor irritations such as feeling undervalued at work or dealing with difficult children. Sometimes there are no obvious causes. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of mental stress and psychology.

In this special issue, we invite front-line researchers and authors to submit original research and review articles that explore **mental stress and psychology**. In this special issue, potential topics include, but are not limited to:

- Causes of stress
- Stress symptoms
- Measuring stress
- Ways to relieve stress
- Impact on health
- Impact on communication
- Stress management
- Social support and health

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue – Mental Stress and Psychology**” should be selected during your submission.

Special Issue timetable:

Submission Deadline	September 22nd, 2016
Publication Date	November 2016

Guest Editor:



For further questions or inquiries
Please contact Editorial Assistant at
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