

# Special Issue on Sports Psychology and Exercise Psychology

Sport psychology is an interdisciplinary science that draws on knowledge from the fields of Kinesiology and Psychology. It involves the study of how psychological factors affect performance and how participation in sport and exercise affect psychological and physical factors. In addition to instruction and training of psychological skills for performance improvement, applied sport psychology may include work with athletes, coaches, and parents regarding injury, rehabilitation, communication, team building, and career transitions.

Exercise psychology can be defined as the study of psychological issues and theories related to exercise. Exercise psychology is a sub-discipline within the field of psychology and is typically grouped with sport psychology. For example, Division 47 of the APA is for exercise and sport psychology, not just one or the other, while organizations like AASP encompass both exercise and sport psychology.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Sports Psychology and Exercise Psychology**.

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal [Paper Submission System](#).

According to the following timetable:

Manuscript Due	July 25th, 2013
Publication Date	September 2013

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue — Sports Psychology and Exercise Psychology**” should be chosen during your submission.

**Special Issue Editor**

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