



Special Issue on Insomnia

Call for Papers

Insomnia is a sleep disorder in which there is an inability to fall asleep or to stay asleep as long as desired. While the term is sometimes used to describe a disorder demonstrated by polysomnographic evidence of disturbed sleep. Insomnia is most often thought of as both a medical sign and a symptom that can accompany several sleep, medical, and psychiatric disorders characterized by a persistent difficulty falling asleep and/or staying asleep or sleep of poor quality. On the other hand, insomnia is also typically followed by functional impairment while awake and can occur at any age, but it is particularly common in the elderly. As one of the most important research fields of human life, **insomnia** is of great attractions to researchers.

In this special issue, we intend to invite front-line researchers and authors to submit original researches and review articles on exploring **insomnia**. Potential topics include, but are not limited to:

- Sleeplessness
- Symptom of sleep disorders
- Poor sleep quality
- Sleep deprivation
- Daytime sleepiness
- Early morning awakening
- Symptoms of menopause

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal at [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue - *Insomnia***” should be chosen during your submission.

According to the following timetable:

Manuscript Due	March 4th, 2014
Publication Date	May 2014

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