

Special issue on Obesity and Health

Call for Papers

Obesity is a medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and/or increased health problems. People are considered as obese when their body mass index (BMI), a measurement obtained by dividing a person's weight in kilograms by the square of the person's height in meters, exceeds 30 kg/m².

Obesity increases the likelihood of various diseases, particularly heart disease, type 2 diabetes, obstructive sleep apnea, certain types of cancer, and osteoarthritis. Obesity is most commonly caused by a combination of excessive food energy intake, lack of physical activity, and genetic susceptibility, although a few cases are caused primarily by genes, endocrine disorders, medications or psychiatric illness. Evidence to support the view that some obese people eat little yet gain weight due to a slow metabolism is limited; on average obese people have a greater energy expenditure than their thin counterparts due to the energy required to maintain an increased body mass.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Obesity and Health**.

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission, Prospective authors should submit an electronic copy of their complete manuscript through the journal [Paper Submission System](#). According to the following timetable:

Manuscript Due	June 20th, 2013
Publication Date	August, 2013

Please kindly notice that the "**Special Issue**" under your manuscript title is supposed to be specified and the research field "*Special issue- Obesity and Health*" should be chosen during your submission.

Guest Editor:

For further questions or inquiries
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