

## Special issue on Mental Health:Feature Paper

### Call for Papers

**Mental Health** describes a level of psychological well-being, or an absence of a mental disorder. From the perspective of positive psychology or holism, mental health may include an individual's ability to enjoy life, and create a balance between life activities and efforts to achieve psychological resilience. Mental health can also be defined as an expression of emotions, and as signifying a successful adaptation to a range of demands.

The World Health Organization defines mental health as "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community". It was previously stated that there was no one "official" definition of mental health. Cultural differences, subjective assessments, and competing professional theories all affect how "mental health" is defined. There are different types of mental health problems, some of which are common, such as depression and anxiety disorders, and some not so common, such as schizophrenia and Bipolar disorder. Most recently, the field of Global Mental Health has emerged, which has been defined as the area of study, research and practice that places a priority on improving mental health and achieving equity in mental health for all people worldwide.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **Mental Health**.

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission, Prospective authors should submit an electronic copy of their complete manuscript through the journal [Paper Submission System](#).

Please kindly notice that the "**Special Issue**" under your manuscript title is supposed to be specified and the research field "*Special issue-Mental Health*" should be chosen during your submission.

According to the following timetable:

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