Special Issue on Psychotherapy and Counseling

Call for Papers

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. Psychotherapy aims to improve an individual's well-being and mental health, to resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social skills. Certain psychotherapies are considered evidence-based for treating some diagnosed mental disorders.

Counseling psychology addresses the emotional, social, work, school and physical health concerns people may have at different stages in their lives, focusing on typical life stresses and more severe issues with which people may struggle as individuals and as a part of families, groups and organizations.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on Psychotherapy and Counseling. Potential topics include, but are not limited to:

- Family therapy and group therapy
- Cognitive-behavioral therapy
- Positive and integrative psychotherapy
- Interpersonal therapy
- Mind-body therapy
- Psychodynamic theory
- Counseling & well-being
- Counseling intervention
- Counseling and career development
- Mental health promotion and therapy techniques
- Therapy for depression and anxiety
- Psychotherapeutics and psychoanalysis

Authors should read over the journal’s For Authors carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal’s Paper Submission System.

Please kindly notice that the “Special Issue” under your manuscript title is supposed to be specified and the research field “Special Issue – Psychotherapy and Counseling” should be chosen during your submission.
According to the following timetable:

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For publishing inquiries, please feel free to contact the Editorial Assistant at submission.entrance1@scirp.org

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